



at Joya Child & Family Development



Pediatric Therapy Services for Children Ages 3–5

Evidence-Based - Episodic Care - Aligned with Early Intervention Best Practices

PROGRAM OVERVIEW

JumpStart provides short-term, goal-oriented therapy (approx. 12 visits) for children ages 3–5 with developmental delays or emerging concerns. The model emphasizes family engagement, functionally relevant goals, and data-driven intervention across Speech, Occupational, and Physical Therapy. Designed as a continuation of Joya’s early intervention approach, JumpStart supports timely access to medically necessary care during a critical developmental period until the child is eligible for school-based services.

OUR CLINICAL APPROACH

- Comprehensive evaluation and collaborative goal setting
- Episodic care: timely access to 12 focused sessions that promote measurable progress and skill carryover
- Family-centered coaching: caregivers learn strategies for use within daily routines.
- Clear provider communication: evaluation reports, plans of care, and progress updates sent to referring providers
- Interdisciplinary coordination with JumpStart therapist team consults
- Functional outcomes focus: daily routines, play, participation, school readiness

CLINICAL INDICATIONS

FOR REFERRAL FOR CHILDREN AGES 3 – 5 RANGE:

Speech/Language

- Expressive/receptive delays
- Articulation/speech intelligibility concerns
- Social communication challenges
- Oral-motor delays
- Speech-generating device acquisition / use / training

Occupational Therapy

- Sensory modulation/regulation needs
- Fine-motor delays
- Self-help skill challenges
- Attention or play participation difficulties

Physical Therapy

- Gross-motor delays or coordination concerns
- Gait, balance, or strength deficits
- Motor planning challenges
- Asymmetry related to torticollis history
- Acute orthopedic injuries or other musculoskeletal pain
- Cardiopulmonary conditioning for cardiovascular conditions

Additional Referral Reasons

- Functional delays without school-based eligibility
- Regression or plateau in developmental skills
- Caregiver need for short-term coaching



CHILD & FAMILY
DEVELOPMENT

HOW TO REFER

New patients require a referral from their primary medical care provider.

Fax Referrals to: 509-326-1658

Please Include: patient demographics, insurance information, therapy order (OT/PT/ST), diagnoses/concerns, and relevant medical notes. We will contact families once we are ready to schedule.



ABOUT JOYA

Joya Child & Family Development has provided comprehensive medical and pediatric therapy services for over 65 years through the Early Support for Infants & Toddlers (0-3) program. Our new JumpStart program extends this tradition with targeted, developmentally appropriate services that support children and families during the crucial years before accessing school-based services.

PHONE: 509-326-1651
ADDRESS: 1016 N. Superior St.
Spokane, WA 99202



MEET THE TEAM



JUSTIN BOTEJUE | JumpStart Clinic Manager

Have questions or want to learn more:

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PHONE: (509) 326-1651 EXT. 2230



GABBY JOYCE | Speech-Language Pathologist

Education:

BA – Communication Sciences and Disorders, EWU

MS – Communication Sciences and Disorders, EWU



KASSI MCNEIL | Occupational Therapist

Education:

BS in Biology – Whitworth University

OTD – Huntington University



BRENNA SPEERBRECHER | Speech-Language Pathologist

Education:

BA – Speech and Hearing Sciences, WSU

MS – Speech and Hearing Sciences, WSU



RACHEL COX | Physical Therapist

Education:

BS in Biology – University of Washington,

DPT – University of Puget Sound

Joya JumpStart therapists are passionate about helping children and families build foundational skills and confidence across physical, occupational, and speech therapy disciplines. They believe in fun, engaging, and functional therapy sessions that empower children and families to meet their goals through individualized care and support.

